



## 2023 Lace up for Laura

### Overall Finish List

June 24, 2023

Results By 802 Timing LLC

[Male Finishers](#)

### 5K Run

#### Female Finishers

Place	Name	City	Bib No	Age	Gender	Age Group	Time Back	Total Time	Pace
1	Stephanie Ager	Bellows Falls VT	191	19	F	1/14:15-19		19:12.7	6:12/M
2	Myra McNaughton	Springfield VT	294	16	F	2/14:15-19	3:52.3	23:05.1	7:27/M
3	Ashley Hensel-Browning	Perkinsville VT	254	37	F	1/9:35-39	4:14.2	23:27.0	7:34/M
4	Lilly Ware	Westminster VT	354	17	F	3/14:15-19	5:00.5	24:13.3	7:49/M
5	Denese Pugh	Alstead NH	323	42	F	1/21:40-44	5:03.4	24:16.2	7:50/M
6	Dory Hindinger	Perkinsville VT	640	17	F	4/14:15-19	5:07.8	24:20.5	7:51/M
7	Angelina Woychosky	Springfield VT	367	17	F	5/14:15-19	5:41.7	24:54.5	8:02/M
8	Rylee Burnham	Hartland VT	215	18	F	6/14:15-19	5:47.6	25:00.4	8:04/M
9	Erica Knudsen	Springfield VT	268	16	F	7/14:15-19	6:25.4	25:38.2	8:16/M
10	Alicia Ostrom	Perkinsville VT	314	19	F	8/14:15-19	6:28.2	25:41.0	8:17/M
11	Martha Perkins	Plymouth VT	321	59	F	1/5:55-59	6:36.1	25:48.9	8:20/M
12	Olivia Howard	Springfield VT	264	18	F	9/14:15-19	7:19.6	26:32.3	8:34/M
13	Zinny Harris	North Springfield VT	370	18	F	10/14:15-19	8:10.9	27:23.7	8:50/M
14	Amanda Tomberg	Perkinsville VT	346	41	F	2/21:40-44	8:23.2	27:35.9	8:54/M
15	Natalie Dexter	Perkinsville VT	233	12	F	1/19: 1-14	8:41.2	27:54.0	9:00/M
16	Michele Ballard	Canaan NH	197	47	F	1/4:45-49	8:48.0	28:00.7	9:02/M
17	Montana Ballard	Canaan NH	198	13	F	2/19: 1-14	9:20.4	28:33.2	9:13/M
18	Janey Whipple	Springfield VT	362	11	F	3/19: 1-14	10:03.1	29:15.8	9:26/M
19	Marina Wood-Mcnaughton	Springfield VT	365	44	F	3/21:40-44	10:06.6	29:19.4	9:28/M
20	Barbara Schultz	Springfield VT	332	68	F	1/5:65-69	10:53.0	30:05.7	9:43/M
21	Kelly A Broker-Campbell	Perkinsville VT	190	42	F	4/21:40-44	11:50.1	31:02.8	10:01/M
22	Ada McNaughton	Springfield VT	282	13	F	4/19: 1-14	11:50.1	31:02.9	10:01/M
23	Madison Kraus	Springfield VT	381	31	F	1/2:30-34	12:25.7	31:38.5	10:12/M
24	Whitney Haber	Springfield VT	253	39	F	2/9:35-39	12:40.3	31:53.0	10:17/M
25	Khloi Bruso	Perkinsville VT	210	13	F	5/19: 1-14	12:41.4	31:54.2	10:17/M
26	Amanda George	Springfield VT	245	40	F	5/21:40-44	13:03.4	32:16.1	10:25/M
27	Brooke Hindinger	Perkinsville VT	623	16	F	11/14:15-19	13:19.5	32:32.3	10:30/M
28	Bizzy Tindall	Hartland VT	342	16	F	12/14:15-19	13:19.6	32:32.4	10:30/M
29	Sharon Snide	North Springfield VT	336	57	F	2/5:55-59	13:23.1	32:35.9	10:31/M
30	Aurora Hensel-Whalen	Perkinsville VT	255	12	F	6/19: 1-14	13:34.8	32:47.5	10:35/M
31	Taylor Tomberg	Perkinsville VT	348	12	F	7/19: 1-14	13:35.5	32:48.3	10:35/M
32	Jordan Allard	Perkinsville VT	194	18	F	13/14:15-19	14:40.8	33:53.5	10:56/M
33	Mckenzie Bruso	Perkinsville VT	212	10	F	8/19: 1-14	14:52.3	34:05.1	11:00/M

34	Christina Mas	Perkinsville VT	279	43	F	6/21:40-44	14:52.5	34:05.2	11:00/M
35	Jackie Lindamood	Perkinsville VT	278	36	F	3/9:35-39	14:54.8	34:07.6	11:01/M
36	Callie Breit	Ascutney VT	206	13	F	9/19: 1-14	15:22.3	34:35.1	11:09/M
37	Addison Crane	Ascutney VT	224	12	F	10/19: 1-14	15:22.7	34:35.4	11:10/M
38	Kira Balkcom	Etna NH	196	41	F	7/21:40-44	15:23.2	34:35.9	11:10/M
39	Heather Rigney	Springfield VT	326	46	F	2/4:45-49	15:41.3	34:54.1	11:16/M
40	Patricia Reixach	Springfield VT	325	48	F	3/4:45-49	16:19.6	35:32.3	11:28/M
41	Tessa Daniels	Springfield VT	232	37	F	4/9:35-39	16:19.7	35:32.4	11:28/M
42	Barbara Parker	Kittery Point ME	319	37	F	5/9:35-39	16:29.7	35:42.5	11:31/M
43	Evelyn Vincent	Windsor VT	373	10	F	11/19: 1-14	19:20.0	38:32.7	12:26/M
44	Leigh Vincent	Windsor VT	372	42	F	8/21:40-44	19:23.9	38:36.7	12:27/M
45	Naomi Morse	Perkinsville VT	304	41	F	9/21:40-44	20:00.6	39:13.4	12:39/M
46	Brenda Bulluss	Springfield VT	214	66	F	2/5:65-69	20:24.5	39:37.3	12:47/M
47	Leona Hensel-Whalen	Perkinsville VT	256	9	F	12/19: 1-14	20:34.8	39:47.6	12:50/M
48	Lisa Gleeson	Springfield VT	249	43	F	10/21:40-44	20:45.3	39:58.1	12:54/M
49	Olivia Westney	Perkinsville VT	358	13	F	13/19: 1-14	21:37.1	40:49.9	13:10/M
50	Jill King	Bellows Falls VT	266	55	F	3/5:55-59	21:58.8	41:11.6	13:17/M
51	Wendi McNaughton	Proctorsville VT	296	41	F	11/21:40-44	22:24.2	41:36.9	13:25/M
52	Éowyn McNaughton	Proctorsville VT	286	4	F	14/19: 1-14	22:25.7	41:38.5	13:26/M
53	Kassidi Sargeant	Hancock VT	330	10	F	15/19: 1-14	25:39.2	44:51.9	14:28/M
54	Anna Vandivere	Perkinsville VT	350	14	F	16/19: 1-14	25:49.0	45:01.7	14:32/M
55	Emily Haber	Springfield VT	252	9	F	17/19: 1-14	25:49.3	45:02.1	14:32/M
56	Kirby Webster	Springfield VT	356	40	F	12/21:40-44	27:54.8	47:07.5	15:12/M
57	Kristen Bruso	Perkinsville VT	211	33	F	2/2:30-34	27:54.9	47:07.6	15:12/M
58	Brooke Breit	Ascutney VT	205	43	F	13/21:40-44	28:05.7	47:18.5	15:16/M
59	Candy Fuller	Perkinsville VT	244	64	F	1/4:60-64	28:06.4	47:19.1	15:16/M
60	Brittany Snide	North Springfield VT	335	36	F	6/9:35-39	28:23.8	47:36.6	15:21/M
61	Ruth Cody	Springfield VT	218	74	F	1/3:70-99	31:13.3	50:26.1	16:16/M
62	Nancy Bladyka	Springfield VT	203	69	F	3/5:65-69	31:13.5	50:26.3	16:16/M
63	Cameron Allard	Perkinsville VT	193	15	F	14/14:15-19	31:23.6	50:36.4	16:19/M
64	Sarah Morlock	Woodstock VT	303	43	F	14/21:40-44	32:10.9	51:23.7	16:35/M
65	Kerstin Burlingame	North Springfield VT	371	54	F	1/3:50-54	32:22.7	51:35.4	16:39/M
66	Robin Tindall	Hartland VT	344	48	F	4/4:45-49	32:22.9	51:35.7	16:39/M
67	Christine Bullard	Perkinsville VT	213	60	F	2/4:60-64	33:30.6	52:43.3	17:00/M
68	Samantha Trubridge	Newfane VT	375	51	F	2/3:50-54	33:37.4	52:50.2	17:03/M
69	Nancy C Benson	Perkinsville VT	202	64	F	3/4:60-64	33:38.1	52:50.8	17:03/M
70	Julie Lannen	Perkinsville VT	273	66	F	4/5:65-69	33:43.6	52:56.4	17:05/M
71	April Freeman	York Beach ME	243	70	F	2/3:70-99	33:43.7	52:56.4	17:05/M
72	Joanne Kraft	Springfield VT	272	64	F	4/4:60-64	33:47.3	53:00.0	17:06/M
73	Chloe Lawler	Springfield VT	274	10	F	18/19: 1-14	35:10.8	54:23.5	17:33/M
74	Addy Craig	Springfield VT	221	10	F	19/19: 1-14	35:11.1	54:23.9	17:33/M
75	Julie White	Springfield VT	364	70	F	3/3:70-99	35:20.2	54:32.9	17:36/M
76	Lizzy Craig	Springfield VT	222	39	F	7/9:35-39	36:04.2	55:16.9	17:50/M
77	Alison Estey	Springfield VT	235	58	F	4/5:55-59	38:03.2	57:16.0	18:28/M
78	Deb Ostrom	Perkinsville VT	315	40	F	15/21:40-44	39:14.0	58:26.8	18:51/M
79	Lindsay Vandivere	Perkinsville VT	352	42	F	16/21:40-44	39:21.1	58:33.9	18:54/M
80	Megan Cooney	Lyme NH	220	40	F	17/21:40-44	39:38.3	58:51.1	18:59/M
81	Mary Pacyna	New Britain CT	318	69	F	5/5:65-69	40:12.6	59:25.4	19:10/M
82	Jessica Lawler	Springfield VT	275	41	F	18/21:40-44	40:35.2	59:47.9	19:17/M
83	Bette Jo Esty	Perkinsville VT	236	54	F	3/3:50-54	40:40.5	59:53.3	19:19/M
84	Angie Uselton	Perkinsville VT	349	57	F	5/5:55-59	40:42.3	59:55.1	19:20/M
85	Catharine Engwall	Perkinsville VT	376	42	F	19/21:40-44	40:45.2	59:58.0	19:21/M
86	Karli Nissenbaum	Perkinsville VT	310	41	F	20/21:40-44	40:45.6	59:58.4	19:21/M
87	Cailin Barlow	Springfield VT	199	40	F	21/21:40-44	41:47.7	1:01:00.4	19:41/M

88	Renee Shaw	Hancock VT	333	36	F	8/9:35-39	45:45.0	1:04:57.7	20:57/M
89	Amy Stewart	Haverhill MA	340	35	F	9/9:35-39	45:45.3	1:04:58.0	20:57/M

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## Male Finishers

Place	Name	City	Bib No	Age	Gender	Age Group	Time Back	Total Time	Pace
1	Isaac McNaughton	Perkinsville VT	290	13	M	1/30: 1-14		18:42.2	6:02/M
2	Conrad Koehler	Columbia MD	269	26	M	1/1:25-29	1:01.5	19:43.8	6:22/M
3	Nathan Nissenbaum	Perkinsville VT	311	13	M	2/30: 1-14	1:24.6	20:06.9	6:29/M
4	Joey Beggs	Perkinsville VT	200	18	M	1/8:15-19	3:27.9	22:10.2	7:09/M
5	Gavin Koehler	Norwich VT	270	23	M	1/1:20-24	4:22.4	23:04.7	7:27/M
6	Marshall Simpson		334	17	M	2/8:15-19	4:44.9	23:27.2	7:34/M
7	John Cederstrom	Claremont NH	382	35	M	1/4:35-39	5:07.4	23:49.7	7:41/M
8	Oliver Vandivere	Perkinsville VT	353	14	M	3/30: 1-14	5:14.5	23:56.8	7:44/M
9	Damian Stagner		337	18	M	3/8:15-19	5:14.8	23:57.1	7:44/M
10	Tristan Stagner		338	16	M	4/8:15-19	5:37.5	24:19.8	7:51/M
11	Jim Fog		240	44	M	1/11:40-44	5:38.5	24:20.7	7:51/M
12	David Ainley		646	34	M	1/2:30-34	5:56.2	24:38.5	7:57/M
13	Luke Foley		241	15	M	5/8:15-19	6:09.8	24:52.1	8:01/M
14	Brayden Murray	Perkinsville VT	307	13	M	4/30: 1-14	6:19.9	25:02.2	8:05/M
15	David Hindinger	Perkinsville VT	631	51	M	1/4:50-54	7:19.8	26:02.1	8:24/M
16	Logan Caffrey	Quechee VT	217	16	M	6/8:15-19	7:28.1	26:10.4	8:27/M
17	Gaelen McNaughton	Perkinsville VT	289	8	M	5/30: 1-14	7:37.0	26:19.2	8:29/M
18	Ethan McNaughton	Perkinsville VT	287	42	M	2/11:40-44	7:37.0	26:19.3	8:29/M
19	Nolan Morlock	Woodstock VT	302	16	M	7/8:15-19	7:38.3	26:20.6	8:30/M
20	Cole Tomberg	Perkinsville VT	347	14	M	6/30: 1-14	7:46.4	26:28.7	8:32/M
21	Blake Trubridge	Newfane VT	374	12	M	7/30: 1-14	8:02.9	26:45.2	8:38/M
22	Josh Dikeman	Springfield VT	644	41	M	3/11:40-44	8:06.7	26:49.0	8:39/M
23	Colin Morlock	Woodstock VT	300	14	M	8/30: 1-14	8:08.3	26:50.6	8:40/M
24	Teddy McNaughton	Kittery Point ME	614	10	M	9/30: 1-14	8:15.4	26:57.7	8:42/M
25	Nathan McNaughton	Springfield VT	295	45	M	1/5:45-49	8:16.6	26:58.9	8:42/M
26	Caleb Root	Springfield VT	327	10	M	10/30: 1-14	9:10.6	27:52.9	9:00/M
27	Ronan McGowan	Perkinsville VT	281	7	M	11/30: 1-14	9:36.5	28:18.8	9:08/M
28	Alex Gleeson	Springfield VT	248	43	M	4/11:40-44	9:45.8	28:28.1	9:11/M
29	Thomas Whipple	Springfield VT	363	49	M	2/5:45-49	10:30.3	29:12.6	9:25/M
30	Jophie Frumin	Springfield VT	380	31	M	2/2:30-34	10:39.5	29:21.8	9:28/M
31	Sean Whalen	Perkinsville VT	360	51	M	2/4:50-54	10:51.0	29:33.2	9:32/M
32	Kevin Foy	Stoughton MA	242	68	M	1/3:65-69	11:01.3	29:43.5	9:35/M
33	Alexander Ostrom	Perkinsville VT	313	10	M	12/30: 1-14	12:13.1	30:55.3	9:59/M
34	Mark Ostrom	Perkinsville VT	317	45	M	3/5:45-49	12:35.3	31:17.6	10:06/M
35	Eric George	Springfield VT	246	40	M	5/11:40-44	13:33.6	32:15.9	10:24/M
36	Evan Pope		322	16	M	8/8:15-19	13:34.3	32:16.6	10:25/M
37	Bob Murphy	Barre VT	306	83	M	1/4:70-99	13:39.8	32:22.0	10:26/M
38	Adler Gleeson	Springfield VT	247	11	M	13/30: 1-14	14:28.6	33:10.9	10:42/M
39	Eben Parker	Kittery Point ME	617	10	M	14/30: 1-14	14:29.4	33:11.7	10:42/M
40	Everett Whipple	Springfield VT	361	9	M	15/30: 1-14	14:29.4	33:11.7	10:43/M
41	Saul Hensel-Whalen	Perkinsville VT	257	11	M	16/30: 1-14	14:46.1	33:28.4	10:48/M
42	Devlin Sargeant	Hancock VT	329	14	M	17/30: 1-14	15:11.2	33:53.5	10:56/M
43	Michael Parker	Kittery Point ME	320	35	M	2/4:35-39	17:00.3	35:42.6	11:31/M
44	Mac Craig	Springfield VT	223	8	M	18/30: 1-14	17:36.2	36:18.5	11:43/M
45	Emmet McGowan	Perkinsville VT	280	51	M	3/4:50-54	20:30.6	39:12.9	12:39/M
46	Evan Breit	Ascutney VT	207	10	M	19/30: 1-14	20:53.1	39:35.3	12:46/M
47	Brennan Nissenbaum	Perkinsville VT	308	11	M	20/30: 1-14	21:10.7	39:53.0	12:52/M
48	Fisher McNaughton	Proctorsville VT	288	7	M	21/30: 1-14	22:33.2	41:15.5	13:19/M

49	John Morlock	Woodstock VT	301	46	M	4/5:45-49	22:34.1	41:16.4	13:19/M
50	Parker Nissenbaum	Perkinsville VT	312	11	M	22/30: 1-14	24:34.7	43:16.9	13:58/M
51	Benjamin Broker-Campbell	Perkinsville VT	208	7	M	23/30: 1-14	24:58.1	43:40.4	14:05/M
52	Jacob Ostrom	Perkinsville VT	316	6	M	24/30: 1-14	24:59.0	43:41.3	14:06/M
53	Shannon Beggs		201	47	M	5/5:45-49	25:02.8	43:45.1	14:07/M
54	Nigel Paneth	Perkinsville VT	622	76	M	2/4:70-99	26:39.3	45:21.5	14:38/M
55	Brigham McNaughton	Kittery Point ME	284	38	M	3/4:35-39	26:43.3	45:25.6	14:39/M
56	Sawyer Engwall	Perkinsville VT	377	11	M	25/30: 1-14	28:35.2	47:17.5	15:15/M
57	Jaelen Cumberbatch	Raymond NH	229	10	M	26/30: 1-14	31:43.9	50:26.1	16:16/M
58	Jacobi Cumberbatch	Raymond NH	228	14	M	27/30: 1-14	31:55.1	50:37.4	16:20/M
59	Kevin Caffrey	Quechee VT	216	41	M	6/11:40-44	32:41.2	51:23.5	16:35/M
60	Owen Lawler	Springfield VT	276	14	M	28/30: 1-14	33:37.9	52:20.2	16:53/M
61	Richard Dexter	Perkinsville VT	234	42	M	7/11:40-44	34:00.9	52:43.2	17:00/M
62	Anthony Klementowicz	Springfield VT	267	66	M	2/3:65-69	35:14.1	53:56.4	17:24/M
63	Bob Flint	Springfield VT	239	61	M	1/1:60-64	38:33.6	57:15.9	18:28/M
64	Ted Cody	Springfield VT	219	74	M	3/4:70-99	38:46.8	57:29.1	18:33/M
65	Jeffrey Vandivere	Perkinsville VT	351	51	M	4/4:50-54	39:51.9	58:34.2	18:54/M
66	Rick Woods	South Woodstock VT	366	56	M	1/1:55-59	40:08.7	58:51.0	18:59/M
67	James Kraft	Springfield VT	271	67	M	3/3:65-69	40:10.0	58:52.3	18:59/M
68	Paul Bladyka	Springfield VT	204	72	M	4/4:70-99	40:44.0	59:26.3	19:10/M
69	Brian Sargeant II	Hancock VT	331	43	M	8/11:40-44	40:52.3	59:34.6	19:13/M
70	Ryan Lawler	Springfield VT	277	42	M	9/11:40-44	41:05.7	59:47.9	19:17/M
71	Alexander Westney	Perkinsville VT	357	11	M	29/30: 1-14	42:18.6	1:01:00.9	19:41/M
72	Eric Nissenbaum	Perkinsville VT	309	42	M	10/11:40-44	42:19.2	1:01:01.4	19:41/M
73	Robert Westney	Perkinsville VT	359	41	M	11/11:40-44	42:19.7	1:01:01.9	19:41/M
74	Richard Stewart	Haverhill MA	341	37	M	4/4:35-39	46:16.8	1:04:59.1	20:58/M
75	Alexander Stewart	Haverhill MA	339	3	M	30/30: 1-14	46:18.8	1:05:01.1	20:58/M

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